

O Divine Master, grant that I may seek  
Not so much to be consoled, as to console,  
To be understood, as to understand,  
To be loved, as to love.

For it is in giving that we receive,  
It is in pardoning that we are pardoned, and  
It is in dying that we are born to eternal life

### **Principles for Success: Full Relating**



There is beauty in everyone & everything  
You can change yourself; you cannot change others  
You can take control of your life  
Giving freely is always joyful  
It is important for others to give to you  
Difficulty and pain are opportunities for growth  
The Divine Plan is perfect

1.



There is Beauty in Everyone & Everything

**Your Challenge is:**

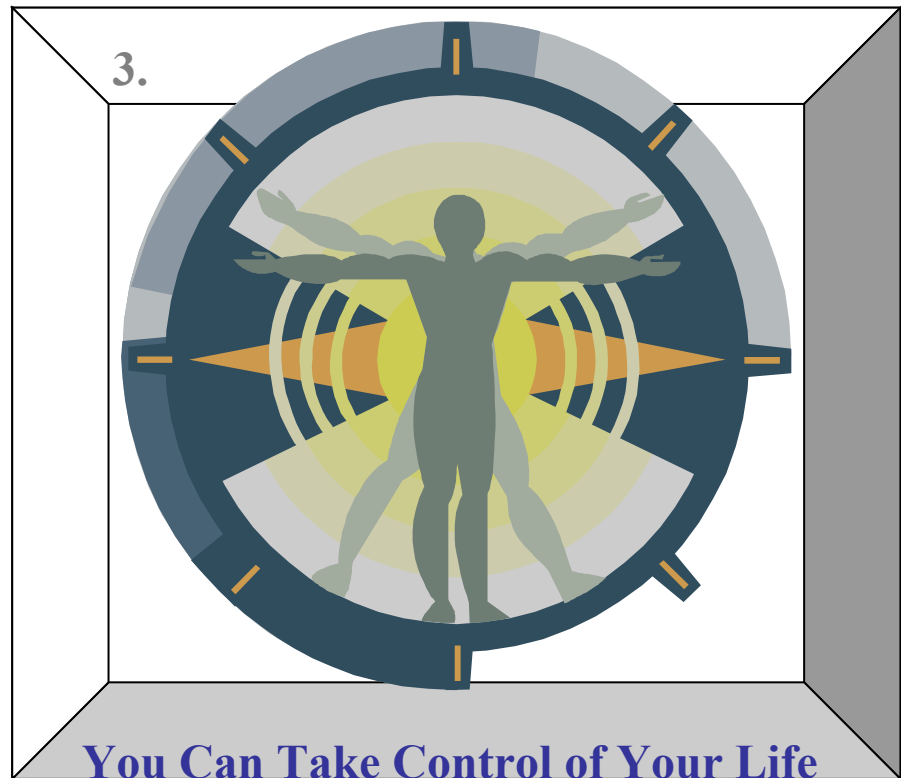
*to receive yourself & others &  
all life situations as beautiful,  
exactly as they are.*

**Share some good news about:**

- \* yourself
- \* someone you dislike
- \* someone with whom  
you are angry
- \* someone you have  
treated unkindly.







**Your Challenge Is:**

**Consciously create your own reality**

**Set Specific Goals**

**Think Creatively about the Future**

*Write down a goal you would like to achieve during the next month, or next year, or in 5 or 10 year's time.*



## Your Challenge is:

To Give for the  
Pleasure of Giving,  
Not for what you  
can get in return.

Practice random acts of kindness.

Give some non-material gift to someone you love.

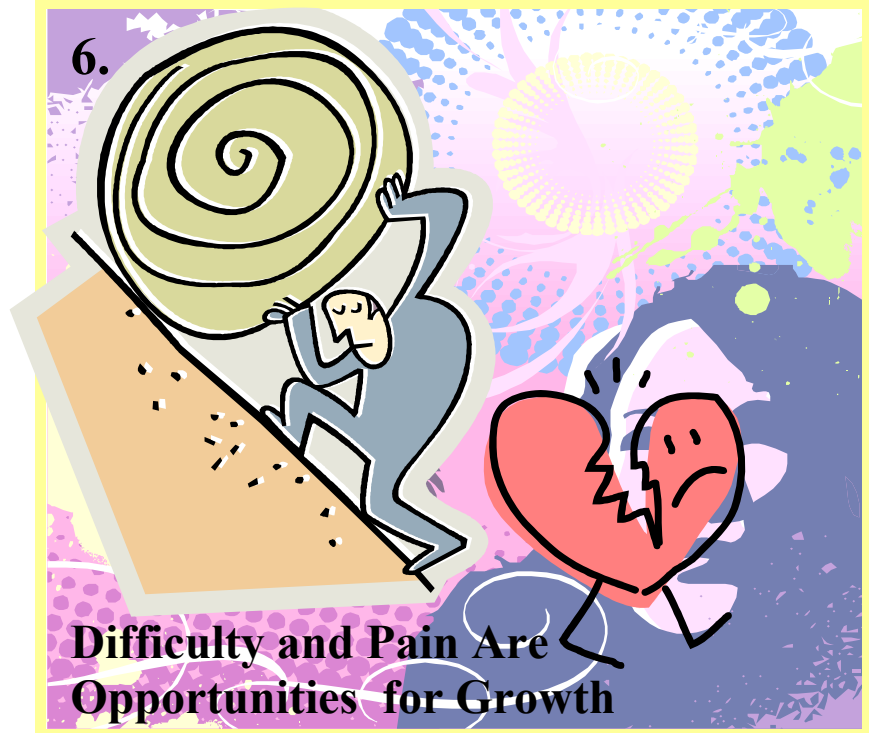
**5. It is Important For Others  
To Give To You**



“  
*Thankyou*  
”

**Your Challenge is:  
To Accept Graciously  
When others give to you**

Provide opportunities for others to give to you!



**Your Challenge is:**

**To See Problems as Challenges**

*Write down the advantage of a difficulty or pain you are experiencing at this time in your life.*

The illustration shows a green, furry creature with large, round eyes and a sad expression. It is holding a white mug with a sad face on it. The creature is standing on two purple, furry feet. The background is white.

## **7. The Divine Plan is Perfect**



**Expect the Best – Demand Nothing**

**Your Challenge is:**

**List the people who love you,  
& in meditation accept them  
exactly as they are,  
especially with all their  
shortcomings, faults & failures.**